Emergency Preparedness & Fraud Prevention Workshop for Caregivers

Presented By:
The Alabama Cares Program and The State Health insurance Program

Be Ready Caregivers!
Workshop covers the essentials of what a caregiver should do to prepare for an emergency or disaster. The workshop covers:

- Emergency Information Sheet
- Emergency Contact List
- Financial Tracker
- Legal Tracker
- Current Medication List
- Other important forms and supplies needed

In this workshop you will build a personalized “to go” emergency kit. Please bring:

- Emergency contact information such as family, friends and neighbors.
- Important cards to copy and waterproof such as social security, Medicaid/Medicare, ID/Driver’s license, insurance card and other applicable
- List of care receiver’s medications, important papers to copy, passwords to phones – computers
- Important information to put on financial and legal tracker

A “grab and go” disaster supply kit will be provided for those participating in the workshop (while supplies lasts).

Worksheets for medical, legal and financial tracking will be provided.

A copy machine and laminator will be available for your use to copy important cards and papers.

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